DOR JE CHANG CHEN TE LO NA RO DANG Great Vajradhara, Tilopa, Naropa

MAR PA MI LA CHÖ JE GAM PO PA Marpa, Milarepa, Lord of Dharma Gampopa,

DÜ SUM SHE JA KÜN CHYEN KAR MA PA Knower of the three times, Omniscient Karmapa;

CHE ZHI CHUNG GYE GYÜ PA DZIN NAM DANG Lineage holders of the four great and eight lesser schools,

DRI TAK TSAL SUM PAL DEN DRUK PA SOK Drikung, Tsalpa, Glorious Drukpa, and others;

ZAP LAM CHAK GYA CHE LA NGA NYE PAY You who have mastered the profound path of mahamudra,

NYAM ME DRO GÖN DAK PO KA GYÜ LA The Takpo Kagyu, unrivaled protectors of sentient beings;

SOL WA DEP SO KA GYÜ LA MA NAM I pray to you, Kagyu lamas;

GYÜ PA DZIN NO NAM THAR JIN GYI LOP Grant you blessing that I may follow your tradition and example.

ZHEN LOK GOM GYI KANG PAR SUNG PA ZHIN As is taught, detachment is the foot of meditation;

ZE NOR KÜN LA CHAK ZHEN ME PA DANG Attachment to food and wealth disappears.

TSHE DIR DÖ THAK CHO PAY GOM CHEN LA To the meditator who gives up the ties to this life,

NYE KUR ZHEN PA ME PAR JIN GYI LOP Grant your blessing that attachment to ownership and honor cease.

MÖ GÜ GOM GYI GO WOR SUNG PA ZHIN As is taught, devotion is the head of meditation;

MEN NGAK TER GO JE PAY LA MA LA

The lama opens the door to the profound oral teachings.

GYÜN DU SOL WA DEP PAY GOM CHEN LA

To the meditator who always turns to the lama,

CHÖ MIN MÖ GÜ KYE WAR JIN GYI LOP

Grant your blessing that uncontrived devotion be born within.

YENG ME GOM GYI NGÖ ZHIR SUNG PA ZHIN

As is taught, unwavering attention is the body of meditation;

GANG SHAR TOK PAY NGO WO SO MA TE

Whatever arises is the fresh nature of thought.

MA CHÖ DE GAR JOK PAY GOM CHEN LA

To the meditator who rests in naturalness,

GOM JA LO DANG DRAL WAR JIN GYI LOP

Grant your blessing that meditation be free from intellectualization.

NAM TOK NGO WO CHÖ KUR SUNG PA ZHIN

As is taught, the essence of thoughts is dharmakaya;

CHI YANG MA YIN CHIR YANG CHAR WA LA

They are nothing whatsoever and yet they arise.

MA GAK ROL PAR CHAR WAY GOM CHEN LA

To the meditator who reflects upon the unobstructed play of the mind,

KHOR DE YER ME TOK PAR JIN GYI LOP

Grant your blessing that the inseparability of samsara and nirvana be realized.

KYE WA KÜN TU YANG DAK LA MA DANG

Through all my births, may I not be separated

DRAL ME CHÖ KYI PAL LA LONG CHÖ CHING

From the perfect lama and so enjoy the glory of the dharma.

SA DANG LAM GYI YÖN TEN RAP DZOK NE

May I completely accomplish the qualities of the paths and stages,

DOR JE CHANG GI GO PHANG NYUR THOP SHOK And quickly attain the state of Vajradhara.